

# REST API: Time Zones List

Version 2

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Use the following time zone IDs to update a user's time zone preferences using [REST API: Update User Profile Fields](#) . Valid for Communifire version 6.0 and above.

UTC-11

Aleutian Standard Time

Hawaiian Standard Time

Marquesas Standard Time

Alaskan Standard Time

UTC-09

Pacific Standard Time (Mexico)

UTC-08

Pacific Standard Time

US Mountain Standard Time

Mountain Standard Time (Mexico)

Mountain Standard Time

Central America Standard Time

Central Standard Time

Easter Island Standard Time

Central Standard Time (Mexico)

Canada Central Standard Time

SA Pacific Standard Time

Eastern Standard Time (Mexico)

Eastern Standard Time

Haiti Standard Time

Cuba Standard Time

US Eastern Standard Time

Turks And Caicos Standard Time

Paraguay Standard Time

Atlantic Standard Time

Venezuela Standard Time

Central Brazilian Standard Time

SA Western Standard Time

Pacific SA Standard Time

Newfoundland Standard Time

Tocantins Standard Time

E. South America Standard Time

SA Eastern Standard Time

Argentina Standard Time

Greenland Standard Time

Montevideo Standard Time

Magallanes Standard Time

Saint Pierre Standard Time

Bahia Standard Time

UTC-02

Mid-Atlantic Standard Time

Azores Standard Time  
Cape Verde Standard Time  
UTC  
Morocco Standard Time  
GMT Standard Time  
Greenwich Standard Time  
W. Europe Standard Time  
Central Europe Standard Time  
Romance Standard Time  
Sao Tome Standard Time  
Central European Standard Time  
W. Central Africa Standard Time  
Jordan Standard Time  
GTB Standard Time  
Middle East Standard Time  
Egypt Standard Time  
E. Europe Standard Time  
Syria Standard Time  
West Bank Standard Time  
South Africa Standard Time  
FLE Standard Time  
Israel Standard Time  
Kaliningrad Standard Time  
Sudan Standard Time  
Libya Standard Time  
Namibia Standard Time  
Arabic Standard Time  
Turkey Standard Time  
Arab Standard Time  
Belarus Standard Time  
Russian Standard Time  
E. Africa Standard Time  
Iran Standard Time  
Arabian Standard Time  
Astrakhan Standard Time  
Azerbaijan Standard Time  
Russia Time Zone 3  
Mauritius Standard Time  
Saratov Standard Time  
Georgian Standard Time  
Caucasus Standard Time  
Afghanistan Standard Time  
West Asia Standard Time  
Ekaterinburg Standard Time  
Pakistan Standard Time  
India Standard Time  
Sri Lanka Standard Time  
Nepal Standard Time  
Central Asia Standard Time  
Bangladesh Standard Time  
Omsk Standard Time  
Myanmar Standard Time

SE Asia Standard Time  
Altai Standard Time  
W. Mongolia Standard Time  
North Asia Standard Time  
N. Central Asia Standard Time  
Tomsk Standard Time  
China Standard Time  
North Asia East Standard Time  
Singapore Standard Time  
W. Australia Standard Time  
Taipei Standard Time  
Ulaanbaatar Standard Time  
North Korea Standard Time  
Aus Central W. Standard Time  
Transbaikal Standard Time  
Tokyo Standard Time  
Korea Standard Time  
Yakutsk Standard Time  
Cen. Australia Standard Time  
AUS Central Standard Time  
E. Australia Standard Time  
AUS Eastern Standard Time  
West Pacific Standard Time  
Tasmania Standard Time  
Vladivostok Standard Time  
Lord Howe Standard Time  
Bougainville Standard Time  
Russia Time Zone 10  
Magadan Standard Time  
Norfolk Standard Time  
Sakhalin Standard Time  
Central Pacific Standard Time  
Russia Time Zone 11  
New Zealand Standard Time  
UTC+12  
Fiji Standard Time  
Kamchatka Standard Time  
Chatham Islands Standard Time  
UTC+13  
Tonga Standard Time  
Samoa Standard Time  
Line Islands Standard Time

Example URL to POST: <https://your-community.com/api/users/fields>

### **Request JSON sample for updating time zone**

```
"{\"TimeZoneID\":\"India Standard Time\", \"UserID\":4}"
```

### **Response JSON sample where User ID is returned as ResponseData**

```
{
  "IsError":false,
  "ResponseMessage":"",
  "ResponseData":4
}
```

Please Note Your content type that you pass in the header of your request should be '**application/json**'.

tags : API, site-administrator